



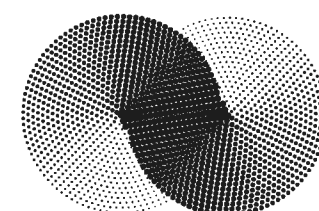
COLOURS
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ICNB
INTERDISCYPLINARNE CENTRUM
NAUKOWO-BADAWCZE

UNIWERSYTET JANA DŁUGOSZA W CZĘSTOCHOWIE

DOM
POMOCY SPOŁECZNEJ
ul. Kontkiewicza 2, Częstochowa



ART
SPACES

Honorary patronage:



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RZECZNIK PRAW DZIECKA



PATRONAT
PREZYDENTA MIASTA CZĘSTOCHOWY
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COLAB MEETING

ART THERAPY/ ART SPACES

AREA OF SPECIALIZATION:

HEALTH AND WELL-BEING

MAY, 29 - 31, 2025

VENUE: NURSING HOME IN CZESTOCHOWA.
2 KONTKIEWICZA STR., CZESTOCHOWA,
POLAND

BIG SIZE: JUNE 9 - 15, 2025

VENUE: KONDUKTOROWNIA (ENG.
CONDUCTOR'S HOUSE), 34/36 PIŁSUDSKIEGO
STR., CZESTOCHOWA, POLAND



Patronage:



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PROGRAM



**Nursing Home in Czeszochowa,
2 Kontkiewiczza Street.**



Thursday, 29.05.2025

9.00 – 9.20 Opening of Symposium

Piotr Rychter

(Director of Interdisciplinary Science & Research Centre of JDU in Czeszochowa)

Session I

Moderator: **Elżbieta Napora**

(Head of the Department of Psychology, Faculty of Social Sciences, JDU in Czeszochowa)

9.20 – 9.50 Medical and philosophical foundations of art therapy

Sławomir Letkiewicz

(Vice-Rector for Collegium Medicum, JDU in Czeszochowa)

9.50 – 10.20 Why art therapy?

Marzena Bogus-Spyra (Director of the Art Therapy Centre, JDU in Czeszochowa)

10.20 – 10.40 Art therapy as a form of taming emotions

Ilona Lubas, Ewa Migalska (Special School Complex No. 28 in Czeszochowa)

10.40 – 11.00 Creative activities at Maria Grzegorzewska Special Vocational School Complex in Czeszochowa – practice and value

Barbara Ginter, Katarzyna Pohorecka, Joanna Smolińska (Maria Grzegorzewska Special Vocational School Complex in Czeszochowa)



11.00 – 11.15 Coffee break

11.15 – 12.30 Workshop I - Painting as a form of art therapy

Stanisław Kmiecik – a painter who paints with His feet

(member of VDMFK - Vereinigung der mund- und fuss-malenden Künstler in aller Welt e.V. and AMUN - Publishing House of Mouth and Foot Painting Artists)

12.30 – 14.00 Workshops II - IV

Workshop II

Self-portrait of the future - who do I want to become?

Led by: **Izabela Ziębacz**, Scientific Club of Social Work Students, Integration group operating at the Office for People with Disabilities, JDU in Czeszochowa

Workshop III

Art therapy training of social skills

Led by: **Tomasz Kuta**, Centre for Pedagogy and Psychology of the Krakow University of Technology, Association of Polish Art Therapists „KAJROS”

Workshop IV

Virtual Reality Experience - Melius.Care

Led by: **Anna Wójcik-Tepper**, Institute of Art Education, the Maria Grzegorzewska University in Warsaw



14.00 – 15.00 Lunch break

15.00 – 18.00 Expert's panel

Led by: **Barbara Karaśkiewicz** (Head of the Department of Music, Faculty of Art, UJD in Częstochowa)

Invited Experts:

1. **Mira Skrabania-Piechota** (art therapist, biofeedback trainer, assistant for people with disabilities, Mental Health Center, Multi-Specialist District Hospital Inc. in Tarnowskie Góry)
2. **Alicja Wojciechowska** (a medical doctor currently doing specialty in psychiatry, Mental Health Center, Multi-Specialist District Hospital Inc. in Tarnowskie Góry)
3. **Dorota Gołąb** (clinical psychology specialist, psycho-oncologist, psychotraumatologist, art therapist, Greater Poland Oncology Center in Poznań)
4. **Marzena Bogus-Spyra** (dr hab., prof. UJD, Director of the Art Therapy Centre at JDU in Czeszochowa, art therapy educator and supervisor of the Association of Polish Art Therapists „KAJROS”)
5. **Piotr Kaczmarczyk** (dr n. farm., medical personnel trainer, publicist, lecturer, President of the company „INTERMEN”)
6. **Anna Wójcik-Tepper** (dr, Institute of Artistic Education, the Maria Grzegorzewska University in Warsaw)
7. **Tomasz Kuta** (Centre for Pedagogy and Psychology of the Krakow University of Technology, clinical psychologist, speech therapist, educator, heads the section of clinical art therapy and art psychotherapy of the Association of Polish Art Therapists „KAJROS”)
8. **Agnieszka Kossowska** (dr, Center for Accessibility and Support for People with Special Needs, Opole University of Technology, President of the Management Board of the Foundation for the Development of Empathic Education)
9. **Sylwia Oksiuta-Warmus** (theatre, film and television actress, puppeteer, scriptwriter, theatre instructor, cultural animator, journalist, pedagogue, art therapist, neuro speech therapist and speech therapist for the deaf)



18.00 – 19.00 Dinner



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Friday, 30.05.2025

Session I

Moderator: **Anna Stachura-Bogusławska**
(Vice Dean for Education and Student Affairs, Faculty of Art, JDU in Czestochowa)

9.00 – 9.20 In search of self. Teenagers and music therapy.
Ludwika Konieczna-Nowak, (the Karol Szymanowski Academy of Music in Katowice)

9.20 – 9.40 The space between sound and silence: music therapy and its possibilities in activities related to hearing deficiencies
Agnieszka Sepioło (the Karol Szymanowski Academy of Music in Katowice)

9.40 – 10.00 An innovative countrywide method of creative activation of seniors based on artification
Jolanta Jastrząb (the Academy of Fine Arts in Katowice)

10.00 – 10.20 Humanotherapy for art
Bronisława Nowicka (Łódź Film School)

10.20 – 10.30 Discussion



10.30 – 10.45 Coffee break

10.45 – 11.30 Workshop V
Everyghing sounds good– active music therapy for children and adolescents
Led by: **Ludwika Konieczna-Nowak** (the Karol Szymanowski Academy of Music in Katowice)
Agnieszka Sepioło (the Karol Szymanowski Academy of Music in Katowice)

10.45 – 12.30 Workshop VI
Quilling pictures
Led by: **Ewa Hejnowicz**, Nursing Home in Czestochowa

12.45 – 14.30 Workshops VII - VIII
Warsztat VII
Theatre masks titled Self-portrait
Led by: **Agata Ociepa**, Nursing Home in Czestochowa

Workshop VIII
Reflections of nature
Led by: **Anna Tarnowska**, JDU in Czestochowa



14.30 – 15.30 Lunch break

15.30 – 17.00 Workshop IX
Scrapbooking
Led by: **Marlena Jaśkiewicz-Pelc**, Nursing Home in Czestochowa



17.30 – 19.00 Hackathon in the visual arts
Dialogue with space/In the space of emotions
Announcement of results, award ceremony, final exhibition
(venue: Faculty of Art, Academic Gallery 113, 14 Dąbrowskiego st.)



19.00 Dinner



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Saturday, 31.05.2025

Hackathon in musical arts
Interpretation spaces

Competition auditions:



Category: stage vocalism
Time: 9:30 am, room 502
2/4 Zbierskiego st., Czestochowa



Category: fortepiano
Time: 10:00 am, Aula Magna
13/15 Armii Krajowej, Czestochowa



Category: guitar and accordion
Time: 14:15, room 425
2/4 Zbierskiego st., Czestochowa



11.30 – 12.00 Coffee break, 2/4 Zbierskiego st., IV floor, Czestochowa

13.30 – 14.00 Lunch break, 2/4 Zbierskiego st., IV floor, Czestochowa



15.00 – 16.30 Visiting the exhibition: The Sistine Chapel. Heritage (location: Jasna Góra Monastery)



18.00 Final concert - Spaces of emotions
(venue: Aula Magna, 13/15 Armii Krajowej, Czestochowa)

Announcement of the results of the Hackathon in musical arts of Music Interpretation, award ceremony

Performers: Competition winners and invited guests:

Julija Sadaunykaite - fortepiano

Wojciech Golec – accordion

Zbigniew Wałach - violin, pastoral instruments, singing

Maciej Ormaniec – string bass

Jakub Niedoborek - guitar

The Sound Pack/vocal group Joanna Świniarska-Szebeszczyk, Katarzyna Mirowska, Małgorzata Biniek, Marcin Wawrzynowicz

Bogusław Kaczmar – fortepiano

The program includes, among others: O. Messiaen, R. Schumann, Z. Wałach „Music of the Beskids yesterday and today”, arrangement by W. Golec, Polish and American pop music standards, flamenco and Latin American music.



Big Size: June 9-15th, 2025



Venue: KONDUKTOROWNIA (Eng. Conductor's House)
34/36 Piłsudskiego Str., Czestochowa, Poland

The Big Size Festival will take place in the Regional Society for the Encouragement of Fine Arts “Konduktorownia”/Regionalne Towarzystwo Zachęty Sztuk Pięknych/ building in Częstochowa. During the week-long event, invited artists from Poland, Azerbaijan, Serbia, Croatia, and Slovakia will create large-format paintings. The entire process of creating the works will be open to the public. The completed works will be displayed and made public during a grand opening ceremony on June 14. Simultaneously, on the same day, in the hall on the first floor of the Konduktorownia, an exhibition of artists from Malaysia entitled “25x25x25” will be presented, which is an added value, the result of an artistic exchange between the JDU and MARA University in Kuala Lumpur. The artists participating in BIG Size, apart from the academics of the JDU Faculty of Painting are outstanding artistic talents who are comfortable working in large formats. Among the invited artists there will be:

Prof. Stanislav Buban (Academy of Fine Arts - Bratislava) Slovakia

Prof. Goran Stimac (Academy of Fine Arts - Rijeka) Croatia

Dr Gala Caki, Serbia

Adil Yusif, Azerbaijan

Partners:



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